

Northeast Bradford Elementary School

Lunch Menu January 2019

Food Service Director: Matthew Kennedy
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What Makes a Meal?

You must choose at least 3 of 5 components available for the school lunch price.

Choice of Meat or Meat Alternate
 Choice of Vegetable, Choice of Fruit*
 Choice of Grain/Bread,
 and Choice of Milk

*Students must choose at least one fruit or vegetable



Whole Grains
 Available Daily

Fresh Fruits and Vegetables Offered Daily

*Vegetables may include:
 Broccoli Florets
 Baby Carrots
 Dark Leafy Greens
 Legume Salads
 Celery & Cucumber
 *May choose two 1/2 cup servings

*Fruits may include:
 Crisp Apple
 Sliced Peaches
 Mixed Fruit
 Fresh Orange
 Banana
 Pineapple Tidbits
 Diced Pears
 Applesauce
 *May choose one 1/2 cup serving

Fresh Produce from Local Farms based on crop availability

MENUS SUBJECT TO CHANGE 12.14.18





Milk Choices Offered Daily

1% Flavored Milk, Skim (Fat Free White) and Low Fat (1%) White

Lunch Prices:

Paid \$2.35
 Reduced \$.40
 Milk only \$.60

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Weekly Choices
	1/1 HAPPY NEW YEAR No School	1/2 Sloppy Joe on a Bun Peas Chilled Peaches Low Fat Milk	1/3 Creamy Chicken Alfredo w/ Garlic Roll Broccoli Apple Slices Low Fat Milk	1/4 Meatball Hoagie w/Cheese Seasoned Green Beans Mixed Berries Low Fat Milk	Week 1 Chef Salad w/ Bread Tuna Salad Sandwich Peanut Butter & Jelly Yogurt Parfaits
1/7 Chicken Sticks w/Buttered Noodles Mixed Vegetables Pineapple Tidbits Low Fat Milk	1/8 Beef and Cheese Nachos w/ Bread Vegetarian Beans Mandarin Oranges Low Fat Milk	1/9 Macaroni and Cheese w/ Dinner roll Stewed Tomatoes Fruit Cocktail Low Fat Milk	1/10 Tater Tot Casserole w/Bread Seasoned Green Beans Banana Split Pudding Parfait  Low Fat Milk	1/11 Pierogie's Glazed Carrot Coins Chilled Pears Low Fat Milk	Week 2 Nacho and Cheese Munchable Grilled Chicken Salad w/ Bread Ham and Cheese Hoagie
1/14 Jamaican Pork w/Dinner Roll Roasted Zucchini Cinnamon Apple Slices Low Fat Milk	1/15 Walking Tacos w/Rice Mixed Vegetables Pineapple Tidbits Low Fat Milk	1/16 Meatloaf and Gravy Mashed Potatoes w/Gravy Corn Niblets Chilled Peaches Low Fat Milk	1/17 Chicken Parmesan w/ Herbed Pasta Seasoned Broccoli Chilled Pears Low Fat Milk	1/18 Pre National Popcorn Day Hot Dog on a Bun Seasoned Potato Wedges Buttered Peas	Week 3 Italian Dunker Munchable Popcorn Chicken Salad Egg Salad Sandwich Peanut Butter & Jelly Yogurt Parfaits
1/21 MLK DAY No School	1/22 Sweet and Spicy BBQ Chicken Bowl w/Rice Seasoned Green Beans  Chilled Pears Low Fat Milk	1/23 Cheesy Italian Dunkers w/ Sauce Steamed Broccoli Pineapple Tidbits Low Fat Milk	1/24 Popcorn Chicken Bowl w/ Dinner Roll Mashed Potatoes w/Gravy Mixed Berries Low Fat Milk	1/25 Belgian Waffle w/ Scrambled Eggs Tater Tots Fruited Jello Low Fat Milk	Week 4 Chicken Nugget Munchable Chef Salad No Meat w/ Bread Cheese Sandwich
1/28 Chicken Tenders w/Bread Baked Beans Chilled Peaches Low Fat Milk	1/29 Cheese Quesadilla w/Salsa Golden Corn Niblets Mandarin Oranges Low Fat Milk	1/30 Philly Cheese Steak Sub Mixed Vegetables Chilled Pears Low Fat Milk	1/31 ACT 80 DAY No School	Get a Reimbursable meal on January 18th Receive a Free Bag of Popcorn 	Week 5 Chef Salad w/ Bread Tuna Salad Sandwich Peanut Butter & Jelly Yogurt Parfaits
Monday Cheeseburger on a Bun Legume Salad	Tuesday Corn dog Nuggets Munchable Fresh Broccoli	Wednesday Chicken Patty Sandwich Cucumber Slices	Thursday BBQ Rib Sandwich Munchable Celery Sticks	Friday Assorted Pizza/Italian Dunkers Fresh Baby Carrots	The School District does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations. EOE