

Northeast Bradford Elementary School Lunch Menu February 2019

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What Makes a Meal?

You must choose at least 3 of 5 components available for the school lunch price.

Choice of Meat or Meat Alternate
Choice of Vegetable, Choice of Fruit*
Choice of Grain/Bread,
and Choice of Milk

*Students must choose at least one fruit or vegetable



Fresh Fruits and Vegetables Offered Daily

*Vegetables may include:

- Broccoli Florets
- Baby Carrots
- Dark Leafy Greens
- Legume Salads
- Celery & Cucumber

*May choose two 1/2 cup servings

*Fruits may include:

- Crisp Apple
- Sliced Peaches
- Mixed Fruit
- Fresh Orange
- Banana
- Pineapple Tidbits
- Diced Pears
- Applesauce

*May choose one 1/2 cup serving

Fresh Produce from Local Farms based on crop availability





MENUS SUBJECT TO CHANGE 1.15.19



Milk Choices Offered Daily

1% Flavored Milk, Skim (Fat Free White) and Low Fat (1%) White

Lunch Prices:
Paid \$2.35
Reduced \$.40
Milk only \$.60

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Weekly Choices
		<p>Come join us on February 6th for the 100th day of school for lunch</p> 		<p>2/1 Meatball Hoagie w/Cheese Seasoned Peas Fruited Jello Low Fat Milk</p>	<p>Week 1 Chef Salad w/ Bread Tuna Salad Sandwich Peanut Butter & Jelly Yogurt Parfaits</p>
<p>2/4 Macaroni Alfredo w/Bread Stick Steamed Broccoli Chilled Peaches Low Fat Milk</p>	<p>2/5 Sweet and Sour Chicken w/Rice Mixed Vegetables Pineapple Tidbits Low Fat Milk 100th Day Of School</p>	<p>2/6 Hot Ham and Cheese on a Pretzel Roll Glazed Carrots Fruit Cocktail Low Fat Milk 100th Day Of School</p>	<p>2/7 Chicken and Gravy Over Biscuit Mashed Potatoes w/Gravy Mandarin Oranges Low Fat Milk</p>	<p>2/8 Tuna Patty Melt Buttered Peas Sliced Apples Low Fat Milk</p>	<p>Week 2 Nacho and Cheese Munchable Grilled Chicken Salad w/ Bread Ham and Cheese Hoagie Peanut Butter & Jelly</p>
<p>2/11 Chicken Nuggets w/Dinner Roll Zucchini and Squash Mixed Berries Low Fat Milk</p>	<p>2/12 Taco Salad w/Beef and Cheese Steamed Corn Apple Crisp Low Fat Milk</p>	<p>2/13 BBQ Rib on a Bun French Fries Diced Peaches Low Fat Milk</p> 	<p>2/14 Baked Ziti w/Cake Pop Steamed Broccoli Chilled Pears Low Fat Milk</p> 	<p>2/15 Saucy Meatballs w/Noodles and Bread Green Beans Pineapple Tidbits Low Fat Milk</p>	<p>Week 3 Italian Dunker Munchable Popcorn Chicken Salad Egg Salad Sandwich Peanut Butter & Jelly Yogurt Parfaits</p>
<p>2/18 Hot Dog on a Bun Corn Niblets Flavored Applesauce Low Fat Milk</p>	<p>2/19 Chicken Taco Salad w/Bread Fiesta Rice Mixed Vegetables Chilled Pears Low Fat Milk</p>	<p>2/20 Shepherd's Pie w/Dinner Roll Steamed Green Beans Fruit Crisp Low Fat Milk</p> 	<p>2/21 French Toast Sticks w/ Sausage Patties Crispy Tater Tots Mixed Berries Low Fat Milk</p>	<p>2/22 Chicken Sliders w/Honey Mustard Steamed Broccoli Fruit Cocktail Low Fat Milk</p>	<p>Week 4 Chicken Nugget Munchable Vegetarian Salad Peanut Butter & Jelly</p>
<p>2/25 Chicken Sticks w/Buttered Noodles Roasted Carrot Coins Fruited Jello Low Fat Milk</p>	<p>2/26 Soft Tacos w/Chicken and Cheese Vegetarian Beans Sliced Apples Low Fat Milk</p>	<p>2/27 Cheese Steak Hoagie Emoji Fries Pineapple Tidbits Low Fat Milk</p>	<p>2/28 Popcorn Chicken Bowl w/Bread Mashed Potatoes and Gravy Mandarin Oranges Low Fat Milk</p>		<p>Week 5 Chef Salad w/ Bread Italian Hoagie Peanut Butter & Jelly Yogurt Parfaits</p>
<p>Monday Cheeseburger on a Bun Legume Salad</p>	<p>Tuesday Mini Corn Dog Nuggets Munchable Fresh Broccoli</p>	<p>Wednesday Chicken Patty Sandwich Cucumber Slices</p>	<p>Thursday Pulled Pork BBQ Sandwich Munchable Celery Sticks</p>	<p>Friday Assorted Pizza/Italian Dunkers Fresh Baby Carrots</p>	<p>The School District does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations. EOE</p>