

Northeast Bradford Elementary School

Lunch Menu March 2019

Food Service Director: Matthew Kennedy
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 570-744-2521 Ext. 2241



What Makes a Meal?

You must choose at least 3 of 5 components available for the school lunch price.

- Choice of Meat or Meat Alternate
- Choice of Vegetable, Choice of Fruit*
- Choice of Grain/Bread, and Choice of Milk

*Students must choose at least one fruit or vegetable



Whole Grains Available Daily

Fresh Fruits and Vegetables Offered Daily

*Vegetables may include:

- Broccoli Florets
- Baby Carrots
- Dark Leafy Greens
- Legume Salads
- Celery & Cucumber

*May choose two 1/2 cup servings

*Fruits may include:

- Crisp Apple
- Sliced Peaches
- Mixed Fruit
- Fresh Orange
- Banana
- Pineapple Tidbits
- Diced Pears
- Applesauce

*May choose one 1/2 cup serving

Fresh Produce from Local Farms based on crop availability

MENUS SUBJECT TO CHANGE 2.12.19



Milk Choices Offered Daily

1% Flavored Milk, Skim (Fat Free White) and Low Fat (1%) White

Lunch Prices:

Paid \$2.35
 Reduced \$.40
 Milk only \$.60

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Weekly Choices
Come and Vote on the Best Pie made by the Cafeteria Staff March 14, 2019	 A DELICIOUS COINCIDENCE?	Come see what the wacky cafeteria staff are doing for Dr. Seuss Day. March 1st 2019 Special prizes given out and a special Schollop Treat	 Happy Birthday Dr. Seuss	3/1 Dr Seuss Day Go Dog Go Dogs on a Bun Grinch Green Beans Thing 1 Thing 2 Applesauce Low Fat Milk	Week 1 Chef Salad w/ Bread Tuna Salad Sandwich Peanut Butter & Jelly Yogurt Parfaits
3/4 Act 80 Day No School	3/5 Beef and Cheese Nachos w/ Bread Vegetarian Beans Mandarin Oranges Low Fat Milk	3/6 Macaroni and Cheese w/ Raspberry Churro Stewed Tomatoes Fruit Cocktail Low Fat Milk	3/7 Chicken Sticks w/Dinner Roll Seasoned Green Beans Pineapple Tidbits Low Fat Milk	3/8 Pierogie's w/Dinner Roll Glazed Carrot Coins Chilled Pears Low Fat Milk	Week 2 Nacho and Cheese Munchable Grilled Chicken Salad w/ Bread Ham and Cheese Hoagie
3/11 Belgian Waffle w/Scrambled Eggs Crispy Tater Tots Fruited Jello Low Fat Milk	3/12 Chicken and Cheese Quesadilla Refried Beans Fruit Crisp Low Fat Milk	3/13 Sloppy Joe on a Bun Peas Chilled Peaches Low Fat Milk	3/14 Chicken Parmesan w/ Herbed Pasta Seasoned Broccoli Chilled Pears Low Fat Milk National Pi 3.14 Day	3/15 Fish Nuggets w/Bread Roasted Zucchini Mandarin Oranges Low Fat Milk	Week 3 Italian Dunker Munchable Popcorn Chicken Salad Egg Salad Sandwich Peanut Butter & Jelly Yogurt Parfaits
3/18 Creamy Chicken Alfredo w/ Garlic Roll Broccoli Apple Slices Low Fat Milk	3/19 Walking Tacos w/Rice Mixed Vegetables Chilled Peaches Low Fat Milk	3/20 Cheesy Italian Dunkers w/ Sauce Roasted Carrots Pineapple Tidbits Low Fat Milk	3/21 Popcorn Chicken Bowl w/ Dinner Roll Mashed Potatoes w/Gravy Mixed Berries Low Fat Milk	3/22 Meatball Hoagie w/Cheese Buttered Peas Flavored Applesauce Low Fat Milk	Week 4 Chicken Nugget Munchable Chef Salad No Meat w/ Bread Cheese Sandwich
3/25 Chicken Tenders w/Bread Baked Beans Chilled Peaches Low Fat Milk	3/26 Chicken Enchillada Dip w/ Chips and Bread Golden Corn Niblets Mandarin Oranges Low Fat Milk	 3/27 Sweet and Sour Pork w/Rice and Sliced Bread Mixed Vegetables Chilled Pears Low Fat Milk	3/28 Chicken Tomato Bake w/ Dinner Roll Seasoned Green Beans Pineapple Tidbits	3/29 Fish Sandwich w/Cheese Sweet Potato Fries Cinnamon Apple Slices Low Fat Milk	Week 5 Chef Salad w/ Bread Italian Hoagie Peanut Butter & Jelly Yogurt Parfaits
Monday Cheeseburger on a Bun Legume Salad	Tuesday Corn dog Nuggets Munchable Fresh Broccoli	Wednesday Chicken Patty Sandwich Cucumber Slices	Thursday Pulled Pork BBQ Sandwich Munchable Celery Sticks	Friday Assorted Pizza/Italian Dunkers Fresh Baby Carrots	The School District does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations. EOE