

Northeast Bradford Elementary School

Lunch Menu April 2019

Food Service Director: Matthew Kennedy
 nutritiongroup@nebpanthers.com
 570-744-2521 Ext. 2241



What Makes a Meal?

You must choose at least 3 of 5 components available for the school lunch price.

- Choice of Meat or Meat Alternate
- Choice of Vegetable, Choice of Fruit*
- Choice of Grain/Bread, and Choice of Milk

*Students must choose at least one fruit or vegetable



Fresh Fruits and Vegetables Offered Daily

*Vegetables may include:

- Broccoli Florets
- Baby Carrots
- Dark Leafy Greens
- Legume Salads
- Celery & Cucumber

*Fruits may include:

- Crisp Apple
- Sliced Peaches
- Mixed Fruit
- Fresh Orange
- Banana
- Pineapple Tidbits
- Diced Pears
- Applesauce

*May choose one 1/2 cup serving

Fresh Produce from Local Farms based on crop availability


MENUS SUBJECT TO CHANGE 3.15.19



Milk Choices Offered Daily

1% Flavored Milk, Skim (Fat Free White) and Low Fat (1%) White

Lunch Prices:
 Paid \$2.35
 Reduced \$4.40
 Milk only \$.60

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Weekly Choices
4/1 Chicken Nuggets w/Dinner Roll Zucchini and Squash Mixed Berries Low Fat Milk	4/2 Beef Nachos w/Cheese and Bread Steamed Broccoli Chilled Peaches Low Fat Milk	4/3 Beef Stroganoff w/Noodles and Bread Roasted Carrots Cinnamon Apple Slices Low Fat Milk	4/4 Sweet and Sour Chicken w/Rice Mixed Vegetables Pineapple Tidbits Low Fat Milk	4/5 Meatball Hoagie w/Cheese Seasoned Peas Fruited Jello Low Fat Milk	Week 1 Chef Salad w/ Bread Tuna Salad Sandwich Peanut Butter & Jelly Yogurt Parfaits
4/8 Hot Dog on a Bun Corn Niblets Flavored Applesauce Low Fat Milk	4/9 Chicken and Cheese Fajita Vegetarian Beans Chilled Pears Low Fat Milk	4/10 TNG Burger Steamed Green Beans Fruit Cocktail Low Fat Milk Featuring Carrot & Raisin Salad	4/11 Chicken and Gravy Over Biscuit Mashed Potatoes w/Gravy Mandarin Oranges Low Fat Milk	4/12 Cheesy Spinach and Mushroom Quiche Buttered Peas Sliced Apples Low Fat Milk	Week 2 Nacho and Cheese Munchable Grilled Chicken Salad w/ Bread Ham and Cheese Hoagie Peanut Butter & Jelly
4/15 Easter Meal Baked Ham w/Pineapple and Bread Mashed Potatoes Apple Crisp Low Fat Milk	4/16 Fiesta Mexican Lasagna Corn Niblets Pineapple Tidbits Low Fat Milk	4/17 Grilled Cheese Tomato Soup French Fries Diced Peaches Low Fat Milk	4/18 Baked Ziti w/Springtime Cookie Steamed Broccoli Chilled Pears Low Fat Milk	4/19 NO SCHOOL EASTER BREAK	Week 3 Italian Dunker Munchable Popcorn Chicken Salad Egg Salad Sandwich Peanut Butter & Jelly Yogurt Parfaits
4/22 NO SCHOOL EASTER BREAK	4/23 Chicken Nachos w/Cheese Fiesta Rice Mixed Vegetables Chilled Pears Low Fat Milk	4/24 Saucy Meatballs w/Noodles and Bread Green Beans Pineapple Tidbits Low Fat Milk	4/25 French Toast Sticks w/ Sausage Patties Crispy Tater Tots Mixed Berries Low Fat Milk	4/26 Chicken Sliders w/Honey Mustard Steamed Broccoli Fruit Cocktail Low Fat Milk	Week 4 Chicken Nugget Munchable Vegetarian Salad Peanut Butter & Jelly
4/29 Popcorn Chicken Bowl w/Bread Mashed Potatoes and Gravy Mandarin Oranges Low Fat Milk	4/30 Soft Tacos w/Chicken and Cheese Vegetarian Beans Sliced Apples Low Fat Milk		Join Us April 15th for a Special Easter Lunch		Week 5 Chef Salad w/ Bread Italian Hoagie Peanut Butter & Jelly Yogurt Parfaits
Monday Cheeseburger on a Bun Legume Salad	Tuesday Mini Corn Dog Nuggets Munchable Fresh Broccoli	Wednesday Chicken Patty Sandwich Cucumber Slices	Thursday Pulled Pork BBQ Sandwich Munchable Celery Sticks	Friday Assorted Pizza/Italian Dunkers Fresh Baby Carrots	The School District does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations. EOE